

# વીર નર્મદ દક્ષિણ ગુજરાત યુનિવર્સિટી

## IX1F6 IJnFXFBF

XFZLIZS IX1F6GL :GFTS 5NJL s V[S JQF¶ f

V[S JQF¶GM :GFTS VeIF;S|D ;O/TF5)J¶S 5)6¶ SIF¶ 5KL  
ALP5LPV[0GL 5NJL V[GFIT SZJFDF\ VFJX[P

### 5|J[X ,FISFT ov

**!P** oo VMKFDF\ VMKF \$5@ U]6 ;FY[ SM.56 :GFTSP  
VYJF

oo ZFHIq|]IGJ|;¶8LG\ ZDTUDTqZDTMqB[,S}N :5WF¶DF\  
5|ITIGIWtJ SI¶] CMI T[JF  
:GFTSP

VYJF

oo VF\TZSM,[H ZDTUDTqZDTqB[,S}N :5WF¶DF\ 5|YD4 IäTLI4  
S[ T°TLI :YFG 5|F%T  
SI¶] CMI T[JM :GFTSP

**ZP** s\_!f VeIF;S|DDF\ 5|J[X ;DI[ pD[NJFZGL p\DZ #\_ JQF¶ SZTF\  
JWFZ[ CMJL HM.V[

GCLP

s\_Zf OST V5Iz6LT DIC,FG[H VeIF;S|DDF\ 5|J[X V5FX[P  
VeIF;S|D NZdIFG

T[ ,uG SZL XSX[ GCLP

s\_#f ,FISFT WZFJTF\ pD[NJFZMV[ 5|J[X S;M8L NFSTZL  
T5F; S;M8L4 VG[ ~A~

D],FSFT VF5JFGL ZC[X[ OST H[ pD[NJFZM IS|IFtDS  
S;M8L4 7FGFtDS ,[IBT

S;M8L4 ~A~ D],FSFT VG[ NFSTZL T5F;DF\ IMuI H6FX[  
T[VM S|DFG]\;FZ

5|J[X5F+ U6FX[P

s\_!f 5|J[X D[/JGFZ pD[NJFZMV[ TF,LDGF ;DU| ;DIUF/F  
NZdIFG ;TT

D[0LS,L OL8 ZC[J] 50X[PVF XZTMG\] 5F,G SZJFDF\  
IGQO/ HGFZ pD[NJFZ

T[H ;DI[ SM,[HDF\YL ZN YX[P

**#P** \_\_\_ 5|J[XFYL¶V[ SM,[HDF\ 5|J[X DF8[ !\_\_\_ U]6GL 5|J[X  
S;M8L VF5JFGL ZC[X[P

5|J|X S;M8L GLR[ 5|DF6[ ZC|X|P  
 s!f XFZLIZS 1FDTF S;M8L IS|IFtDS 5\_  
 U]6  
 sZf 5;\NULGL ZDT IS|IFtDS !\_  
 U]6  
 s#f ,|IBT S;M8L Z\_  
 U]6  
 s\$f ZDTUDTDF\ I;lwW Z\_  
 U]6  
 wwww  
 !\_\_ U]6  
 wwww

ZDTUDT I;lwWG\ D|<IF\SG GLR[ 5|DF6[ ZC|X|P  
 s!f ZFQ8= S1FFV[ :YFG 5|FI%T Z\_  
 U]6  
 ZFQ8=S1FFV[ OST EFU ,LWM CMI  
 !\_ U]6  
 sZf VIB, EFZT VF\TZ IJxJIJnF,I S1FFV[ :YFG 5|FI%T Z\_  
 U]6  
 VIB, EFZT VF\TZ IJxJIJnF,I OST EFU ,LWM CMI !\_  
 U]6  
 s#f VF\TZSM,[H S1FFV[ 5|YD :YFG !\_  
 U]6  
 VF\TZSM,[H S1FFV[ ALH] :YFG  
 \_\* U]6  
 VF\TZSM,[H S1FFV[ T°TLI :YFG \_5  
 U]6

**\$P** ;FDFgl IGIDM ov  
 s!f H[ pD[NJFZ[ I]IGJI;¶8L ;\,uG SM,[HDF\ H[ T[ V[S X{1FI6S  
 JQF¶ NZdIFG  
 7FGftDS4 IS|IFtDS JUM¶DF\ V,U V,U )\_@ CFHZL VF5L  
 CMI VG[  
 VwIF5G1F+[ 5}6¶ SI¶] CMI T[DH VF I]IGJI;¶8LGL  
 5ZL1FF 5F; SZL CMI T[  
 ALP5LPV[0P GL5NJL DF8[ ,FIS 9ZX[P  
 sZf p5ZGL HMUJF.VM p5ZF\T4 pD[NJFZ[ GLR[GL  
 H~IZIFTM 5IZ5}6¶ SZJFGL  
 ZC|X|P  
 !P SM,[H ãFZF VFIMIHT !\_ INJ;M G[T°tJ TF,LD IXIAZ  
 5}6¶ SZJFGM

ZC[X[P

VYJF

SM,[H ãFZF VFIMIHT !\_ INJ;GM ZFQ8=LI ;[JF  
IMHGFGM BF;

IXIAZ 5}6¶ SZJFGM ZC[X[P

ZP JQFF¶gT[ ,[JFTL I]IGJI;¶8L 5ZL1FF pD[NJFZ[  
7FGFtDS IJEFU4IS|IFtDS

IJEFU VG[ VwIF5G 1F[+DF\ V,U V,U 5F; SZJFGL  
ZC[X[P

sV[f I]IGJI;¶8L 5ZL1FFDF\ 5|tI[S 7FGFtDS  
5|xG5+DF\ #\_@ U]6

D[/JJFGF ZC[X[P

sALf I]IGJI;¶8L 5ZL1FFDF\ IS|IFtDS IJEFUDF\  
;ZF;ZL \$\_@ U]6

D[/JJFGF ZC[X[P

s;Lf VwIF5G 1F[+DF\ sXFZLIZS IX1F6 5F9Mf DF\  
,3]TD ;ZF;ZL

U]6 \$\_@ D[/JJFGF ZC[X[P s!\_\_ U]6GF

VF\TIZS 5F9M 5{SL

NZ[S 5F9 !\_ U]6GM4 T[DH Z\_\_ U]6GL

I]IGJI;¶8L 5ZL1FFGF A[ 5F9 5{SL 5|tI[S 5F9

!\_\_ U]6 ZC[X[Pf

\_\_ 5ZL1FFG\] DFwID U]HZFTL IC\NL S[ \AU|[Ò ZC[X[P

**5P** 5|J[X VZÒ

5|J[X DF8[GL VZÒ IGIT OMD¶DF\ H :JLSFZJFDF\ VFJX[  
pD[NJFZ[ 5MTFGL VZÒ

OMD¶ ;FY[ GLR[GF\ 5|DF65+MGL 5|DFI6T GS,M HM0FJFGL  
ZC[X[P

!P 5|J[X ,FISFT DF8[GL 5NJLGL 5ZL1FF 5F; SIF¶G\  
5|DF65+P

ZP 5NJL 5ZL1FFG\] U]65+SP

#P ZDT UDTDF\EFU ,LWFG\] I;lwW D[/jIFG\] 5|DF65+P

\$P V[;PV[;P;LP 5ZL1FF4 V[RPV[;P;LP 5ZL1FFG\] U]65+SP

5P HgDTFZLB NXF¶JT\] XF/F KM0IFG\] 5|DF65+P

&P Vgl I]IGJI;¶8LDF\ 5|J[X D[/JJF VFJGFZ pD[NJFZ[  
DF.U|[XG 5|DF65+P

**&P** 5ZL1FF

ALP5LPV[0¶ÿGL 5NJL DF8[GL 5ZL1FF GLR[ 5|DF6[GF  
IJEFUM ZC[X[P

IJEFU o V[ 7FGFtDS

IJEFU o AL IS|IFtDS

IJEFU o ;L VwIF5G 1F[+

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## IX1F6 IJnFXFBF

### વિભાગ – એ – જ્ઞાનાત્મક

XX

VVVV

VG]S|D

IJQFI

U]6 IJEFHG

XX

VVVV

VF\TIZS I]IGJI;¶8L

D]<IF\SG 5ZL1FF S],

;ZJF/M

XX

!P	XFZLIZS IX1F6 VG[ ZDTMGF	#_	*_	
	!__			
	VnTG 5 JFCMP			
ZP	XFZLIZS IX1F6GL 5 J°ı̇VM	#_	*_	!__
	VFIMHGM VG[ Z\HGP			
#P	XFZLIZS IX1F6 VG[ ZDTDF\	#_	*_	!__
	j]J:YF5G VG[ ;\RF,GP			
\$P	X{1FI6S VG[ ZDT DGMIJ7FG	#_	*_	
	!__			
5P	XZLZ ZRGFXF:+ XZLZ IJ7FG	#_	*_	
	!__			
	VG[ j]FIFDGL V;ZMP			
&P	:JF:YI IX1F64 XFZLIZS	#_	*_	!__
	C,GR,G XF:+ VG[ ZDT			
	IRISı;F IJ7FGP			
*P	5\RSFI¶ VG[ ZFCAZLGF J{7FIGS	#_	*_	!__
	!;wWF\TMP			

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## IX1F6 IJnFXFBF

### વિભાગ : બી – ક્રિયાત્મક

!P ;F\WS ZDTM	_____	!__ U]6 s 5F\R
ZDTM f		
ZP B[,S}N	_____	!__ U]6 s 5F\R
5 J°ITVM f		
#P :JLDL\U IHdGFI:8S; VG[ VF;GM	_____	!__ U]6 s 5F\R
5 J°ITVM f		
\$P ;FWG jIFIFD	_____	5_ U]6 s 5F\R
5 J°ITVM f		
5P TF,UIT 4 S]:TL4 H]OM JU[Z[	_____	5_ U]6 s 5F\R
5 J°ITVM f		

### 5|MH[S8:

#### GLR[GF 5{SL UD[ T[ V[S

!P ZFQ8=LI TC[JFZ s wJH JNG f
ZP U FD;[JF IXIAZ
#P 5\RSFI¶
\$P D[NFG V\SG
5P 8=[S V\SG
&P VF\TZU°C :5WF¶VM

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## IX1F6 IJnFXFBF

વિભાગ : સી – અધ્યાપનક્ષેત્ર

XX

vvvv

VG]S|D

IJQFI

U]6IJEFHG

XX

vvvv

VF\TIZS I]IGJI;¶8L S],

D}<IF\SG 5ZL1FF

;ZJF/M

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

vv

!P VF\TIZS D]<IF\SG !\_ 5F9M

!\_\_

v

!\_\_

ZP I]IGJI;¶8L 5ZL1FF v Z 5F9M

v

Z\_\_

Z\_\_

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

vv

S],

!\_\_

Z\_\_

#\_\_

XXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXXX

I|IGJI;¶8L TZOYL IMHFTL ALP5LPV¶0ÿPGL 5ZL1FF VF5JF DF8[  
 IJnFYL¶¶V[ H[ T[  
 VM0L¶¶Gg; C[9/ GSSL SZJFDF\ VFJ[, VeIF;S|D ;\:YFGF J0FG[  
 ;\TMQF YFI T[ 5|DF6[  
 5}6¶ SZJM H~ZL K[P  
 I|IGJI;¶8L GSSL SZ[,F WFZFvWMZ6M 5|dFF6[ VF VeIF;S|DGL  
 5ZL1FFVM  
 NI1F6 U|HZFT I|IGJI;¶8L4 ;|ZT ãFZF IMHJFDF\ VFJX[P

**\*P** p¿L6¶ YJFG\ DF8[G\ WFZF v WMZ6M

sV[f ALP5LPV¶0ÿPGL 5ZL1FFDF\ p¿L6¶ YJF DF8[ pD[NJFZ[  
 IS|IFtDS 5ZL1FFDF\ \$ \_ @  
 U]6 VwIF5G 1F[+DF\ 5\_@ U]64 T[DH NZ[S 5|xG5+ DF\  
 #\_@ U]6 VG[ ;\|]ST ZLT[ 5F8¶vV[ IYIZL 5ZL1FFDF\ #&@  
 U]6 D[/JJFGF ZC[X[P  
 sALf p¿L6¶ YJFGM JU¶  
 !P 5ZL1FFGF\ TDFD IJEFUMDF\ ;ZF;ZL \$ \_ @ YL  
 JWFZ[ VG[ \$(@ YL  
 VMKF U]6 D[/JGFZ ;O/ pD[NJFZG[ 5F; JU¶DF\  
 D}SJFDF\ VFJX[P  
 ZP 5ZL1FFGF TDFD IJEFUMDF\ D/LG[ ;ZF;ZL \$(@ YL  
 JWFZ[ VG[ &\_@  
 YL VMKF U]6 D[/JGFZ ;O/ pD[NJFZMG[  
 5|YDJU¶DF\ D}SJFDF\  
 VFJX[P  
 #P 5ZL1FFDF\ \*\_@ S[ T[YL JWFZ[ U]6 D[/JGFZ ;O/  
 pD[NJFZG[  
 s 0L:8LSXGf IJX[QF IMuITF ;FY[ 5|YD JU¶DF\  
 D}SJFDF\ VFJX[P

**(P** SFDSFHGF INJ;M

H~ZLZ\_\_ INJ;M s !\$\_f S,FSM 5ZL1FF VG[ 5|J[XGF INJ;M  
 D/LG[  
 .rKGLI ov ZZ\_ INJ;M s!5\$\_f S,FSM 5ZL1FF VG[ 5|J[XGF INJ;M  
 D/LG[  
 5|t|[S INJ;GF \_ \* S,FS s 5 S,FS IS|IFtDS VG[ \_Z S,FS 7FGFtDS  
 VG[ V[S  
 ;%TFCDF\ \_& INJ;M 5|dFF6[Pf

**)P** !P ALP5LPV¶0ÿ SM;¶¶GL 7FGFtDS IJEFUGL 5ZL1FFDF\  
 GF5F; YGFZ pD[NJFZ  
 JWFZFGF JUM¶DF\ CFHZL VF%IF I;JFI 5KLGf JQF[¶  
 5ZL1FF DF8[ OZLYL

p5l:YT ZCL XSX[P  
 ZP ALP5LPV¶0ŸP SM;¶GL IS|IFtDS IJEFUGL 5ZL1FFDF\  
 GF5F; YGFZ pD[NJFZ[  
 5KLGf JQF[¶ OZLYL 5ZL1FF VF5TF 5C[,F\  
 5|FRFI¶zLGL BF; 5ZJFGUL ,.G[  
 5ZL1FF VUFpGF A[ DICGF IS|IFtDS JUF[¶DF\  
 CFHZL  
 VF5JFGL ZC[X[P  
 #P ALP5LPV¶0ŸP SM;¶GL VwIF5G 1F[+GL I|IGJI;¶8L  
 5ZL1FFDF\  
 GF5F; YGFZ  
 pD[NJFZ[ 5|FRFI¶zLGL BF; 5ZJFGUL ,.G[ T[ 5KLGf  
 JQF[¶ VwIF5G 1F[+GL 5]Go 5ZL1FF VF5L XSX[P  
GM\W o  
 VF VeIF;S|D ;\5}6¶ IGJF;L VeIF;S|D CMI ;\:YFGL  
 CM:8[,DF\  
 ZC[JFG\] VG[ ;\:YFGF EMHGF, IDF\  
 EMHG  
 ,[J] OZIHIFT ZC[X[P

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## IX1F6 IJnFXFBF

બેચરલ ઓફ ફિઝિકલ એજ્યુકેશન, (બી.પી.એડ્. ૧ વર્ષ)

### 5ZL1FF IMHGF

5F8¶vV[ o 7FGFtDS

\_ \* 5|xG5+M DF8[ \_ \* 5|F|xGS VG[ 5ZL1FSMGL IGD6}S  
I|IGJI;¶8L 5ZL1FF DF8[ SZJFGL ZC[X[ \T[ V[S S[ A[ R[ZD[GMGL  
IGD6}S I|IGJI;¶8L 5ZL1FFGF IGIDFG\};FZ SZJFGL ZC[X[P

5ZL1FF INJ; v \* s +6 S,FS v \* U]6f

5F8¶ v AL o IS|IFtDS

IS|IFtDSGL I|IGJI;¶8L 5ZL1FF DF8[ VF\TIZSGL ;\bIF VG[ AFCI  
5ZL1FSGL ;\bIF GLR[ 5|dFF6[ OF/JTL

AFCI 5ZL1FS

VF\TIZS

5ZL1FS

\_\$ 5ZL1FSM

\_\$

5ZL1FSM

5ZL1FF INJ; v \$

5F8¶ v ;L o 8LRL\U V[AL,L8L

5\_ TF,LDFYL¶VMGL ;\bIF DF8[ GLR[ 5|DF6[ 5ZL1FSMGL  
HMUJF. SZJLP

AFCI 5ZL1FS

VF\TIZS

5ZL1FS

\_\$ 5ZL1FSM

\_\$

5ZL1FSM

5ZL1FF INJ; v \$

5\_ GL ;\bIF SZTF JWFZ[ VG[ !\_\_ GL ;\bIF ;]WLG  
TF,LDFYL¶VM GLR[ 5|DF6[ 5ZL1FSMGL HMUJF. SZJLP

AFCI 5ZL1FS

VF\TIZS

5ZL1FS

\_& 5ZL1FSM

\_&

5ZL1FSM

5ZL1FF INJ; v 5

p5Z 5|DF6[ 5ZL1FF IMHGF DF8[ E,FD6 SZJFDF\ VFJ[ K[P

5|J[X S;M8L \U] ov

5|J[X S;M8L DF8[ XFZLIZS IX1F6 IJQFIGF A[ TH7M T[DH I|IGJI;¶8L  
S],5ITzLGF 5|ITIGIW CMJF HM.V[ T[JL E,FD6 SZJFDF\ VFJ[ K[P

